

PreventID® **Gluten Detect**

# Living without Gluten

Follow up your gluten-free diet (GFD)



PREVENTIS

# PreventID<sup>®</sup> Gluten Detect

## Rapid test for self-detection of gluten intake

in urine



In spite of taking all precautions, you are still suffering from symptoms and would like a quick answer to your question:

„Did I eat gluten after all?“

The rapid test **PreventID<sup>®</sup> Gluten Detect** is a simple, quick, and reliable test to let you monitor your gluten intake.

The comparison between the test results and your daily food diary will let you draw conclusions regarding the triggers for your symptoms. This will allow you to continuously improve your diet.

Consult your physician if you have symptoms of gluten intolerance, even if you are following a gluten-free diet.

# Are you suffering from gluten intolerance?

## Even after following a strict diet, you still have symptoms?

Gluten can be hidden in some foods. Reasons for this are e. g. :

- incomplete separation of gluten-free and gluten-containing foods in the food service industry
- enrichment of gluten in foods due to processing
- current food labeling requirements does not cover all possible sources of gluten
- some additives do not need to be declared, for example, additives for processed food that are made from gluten containing materials

**Note:** Even food labeled „gluten-free“ may contain up to 20 mg/kg of gluten.

Food containing up to 100 mg/kg are labeled as having a „very low gluten content“.

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## What are the advantages of the test?

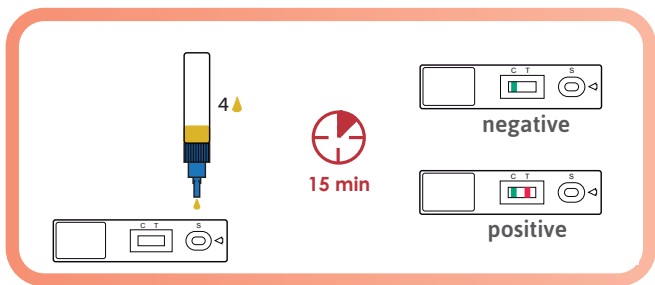
**PreventID<sup>®</sup> Gluten Detect detects even smallest amounts of gluten in urine – within 2 to 24 hours after the consumption**

- ✓ You save time and money by doing the test yourself
- ✓ The steps are easy and quick
- ✓ The high specificity prevents cross-reactivity with gluten-free food (such as rice, corn, buckwheat, soy, millet, quinoa, and amaranth)
- ✓ The cause of your symptoms quickly becomes clear
- ✓ The test can be stored at room temperature and can therefore be used anywhere, for example, when traveling

Mistakes in your diet are easily explained and allow you to quickly adjust your food intake, leading to alleviation of symptoms.

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## How does the test work?



Test yourself with the rapid test **PreventID<sup>®</sup> Gluten Detect** as soon as symptoms start.

- ✓ Just collect a urine sample following the instructions
- ✓ Add the sample to the test strip
- ✓ Your result is ready to read after 15 minutes
- ✓ Compare the result with your food diary
- ✓ If needed, consult a nutritionist or physician



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